WHY DO I NEED INSULIN?

Low blood sugar can be a problem if you take insulin. Be sure you know how to treat low blood sugar before you take insulin.

When you have diabetes, your body doesn’t make insulin or the insulin you do make doesn’t work right.

You can get the insulin you need by injecting it with an insulin pen, a syringe, or insulin pump.

Insulin helps your body’s cells get the sugar they need from food. Your cells need sugar to give you energy.

Taking insulin will:
- help to control your sugar levels
- give you energy
- help you stay healthy

Provided as an educational service on www.learningaboutdiabetes.org.
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