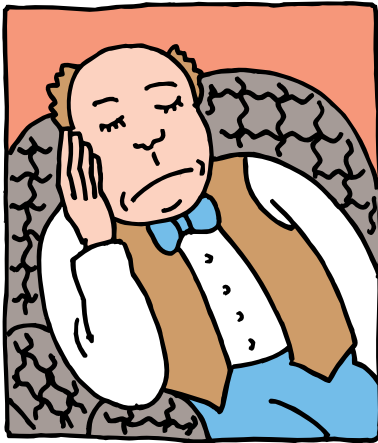
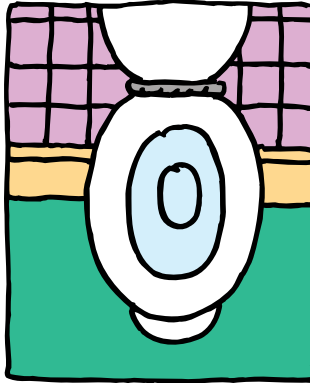


# DIABETES

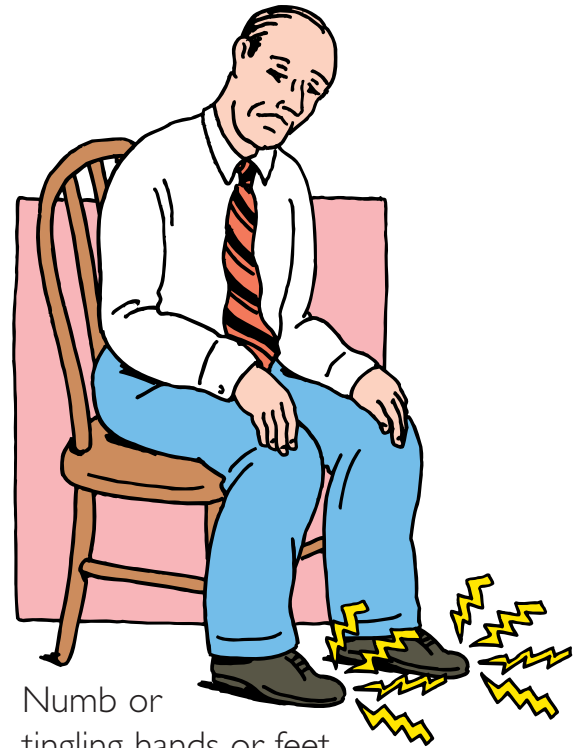
## KNOW THE SIGNS



Tired or sleepy a lot



Need to urinate often



Numb or tingling hands or feet



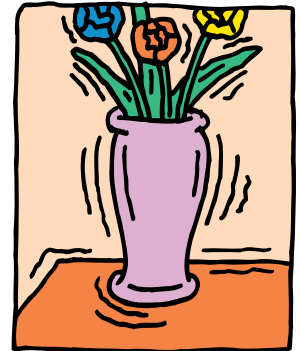
Wounds that won't heal



Vaginal infections



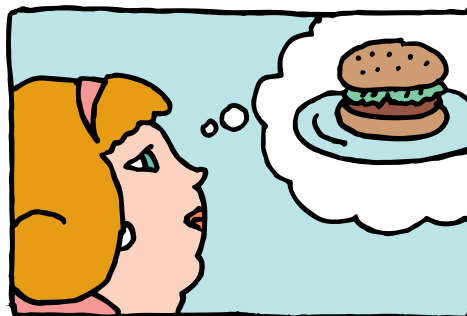
Problems having sex



Blurry vision



Sudden weight loss



Hungry all the time



Always thirsty

**Talk to your doctor if you have any of these problems, especially if you have any of them for a week or more.**