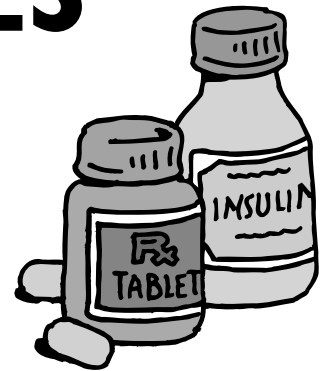


DIABETES SUPPLIES

HOW TO GET HELP

The cost of diabetes pills, insulin, a blood sugar meter or test strips can be a problem at times for almost everyone. If paying for your diabetes medicine or supplies is a problem, the first step is to talk to your doctor, nurse, or diabetes educator. They can often help.



Here is a list of some organizations (groups) that may also help, or can direct you to others who can help:

Medicine, Meters, Test Strips, Supplies

Medicare. Parts A, B, and C offer many free benefits for people over 65. (800)633-4227
www.medicare.gov

Medicaid. A program for low income persons of all ages and the disabled. Each state has different rules for benefits. Contact your state health department. www.cms.hhs.gov

State Programs. Many states have their own programs to help you get diabetes medicines and supplies. Contact your state or local health department.

Patient Drug Assistance Programs
American Diabetes Association
(800)342-2383 www.diabetes.org

Together Rx
www.togetherrxaccess.com
(800)444-4106

Charles Ray III
Diabetes Assoc., Inc.
www.charlesraygl2.com

NeedyMeds (No phone)
www.needymeds.org

Insulin Pump and Supplies
iPump.Org, Inc. www.ipump.org
A doctor must request a pump.

Finding Health Insurance

Foundation for Health Coverage Education
(800)234-1317
www.coverageforall.org

Children's Health Insurance Program
(877)543-7669
www.insurekidsnow.gov

The Patient Advocate Foundation
Co-pay Relief Program
(866)512-3861
www.copays.org

Other things you can do to save money or get help include:

- Ask your doctor if you can take a generic drug.
- Price shop at discount pharmacies, such as Wal-Mart and Costco.
- Search online at www.slashdrugcosts.org or www.pharmacychecker.com. Your local library has free computers and people who will help you use a computer.
- Ask your pharmacist for the name (and phone number, if they have it) of the company that makes your diabetes medicine or supplies. Then call the company and ask if they have a Patient Assistance Program.
- Ask your local community health center for help (www.hrsa.gov/help).

If you need help, start looking now. Taking care of your diabetes every day is important.

