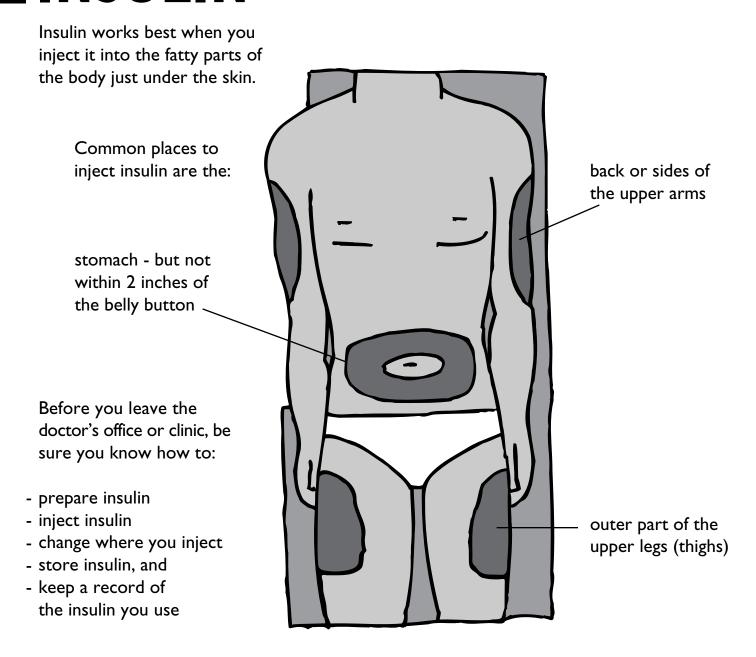
TAKING INSULIN



INSULIN	BREAKFAST	LUNCH	DINNER	BEDTIME

Call your doctor's office or health clinic right away if you have any questions about taking your insulin.