

# YOUR DIABETES CARE TEAM

More than one person may help you control your diabetes. The people who work with you may often be called your **Diabetes Care Team**. Knowing who these people are and what they do may help you when you visit the doctor's office, clinic, or hospital.

**Doctor:** Helps you develop your diabetes care plan. May take care of all your health care needs or only treat diabetes. A doctor with special training in treating people with diabetes is called an endocrinologist (en doe krin AHL uh jist).



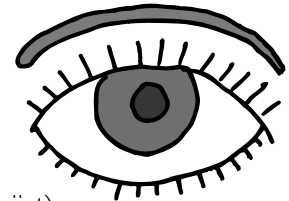
**Diabetes Educator or Nurse:** Your guide for good diabetes self-care. Teaches you how to control your blood sugar, use your meter, avoid high and low blood sugar problems, and much more.



**Dietitian** (die uh TISH un): Helps you create and follow a meal plan that is right for you.

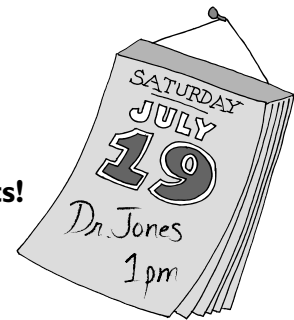
**Pharmacist:** Answers questions about your medicine. Fills your prescriptions.

**Eye Doctor** or Ophthalmologist (ahp tha MAHL uh jist): Checks your eyes to help you avoid problems. Treats eye disease.



**Foot Doctor** or Podiatrist (po DIE uh trist): Treats injuries of the foot. Trims toenails, if you cannot do it yourself.

**Keep your appointments!**  
Your Diabetes Care Team is there to help.



Cut this out and save it to remind you of your appointments.

Appointment With	Date	Time