DIABETES
KNOW THE SIGNS

- Tired or sleepy a lot
- Need to urinate often
- Numb or tingling hands or feet
- Wounds that won't heal
- Vaginal infections
- Problems having sex
- Blurry vision
- Sudden weight loss
- Hungry all the time
- Always thirsty

Talk to your doctor if you have any of these problems, especially if you have any of them for a week or more.

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